

# Garden Fresh Salads

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## Tiscornia Salad

Mixed greens, tomatoes, cucumber, red onion & croutons with your choice of swiss, cheddar jack, feta, or bleu cheese  
8.00

## Caesar Salad

Crisp romaine lettuce tossed with croutons, parmesan/romano cheese & caesar dressing  
Small - 4.00 Large - 7.50

### Add to any salad:

Ham - 2.00 Turkey - 2.00  
Grilled Chicken Breast - 3.00  
\*Grilled Shrimp - 4.00  
\*Grilled Tilapia - 4.00  
\*8 oz Char Grilled Steak - 4.00

## Grilled Wild Salmon Spinach Salad

Fresh sautéed mushrooms, warm balsamic vinaigrette & Cajun spiced salmon, laced with toasted pine nuts  
11.00

## House Salad

Mixed greens, cucumber, tomato, cheddar jack & croutons  
4.00

## Dressings

Ranch, Bleu Cheese, French, Italian, Thousand Island, Raspberry Vinaigrette, Poppy Seed, Caesar, Honey Mustard & Fat Free Ranch

# Starters & Sides

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## Debbie's Homemade Chili

Topped with diced onions, shredded cheese & a whole jalapeno. Served with tortilla chips & sour cream  
Cup - 4.00 Bowl - 5.00

## Mozzarella Sticks

6 savory sticks of fried Mozzarella cheese with marinara sauce  
6.50

## Beer Battered Onion Rings

Thick cut & fried to a golden brown with horseradish bistro sauce  
5.00

## Deep-fried Chicken Wings

1 lb of wings served with celery sticks and bleu cheese dressing. Plain or tossed in our own buffalo sauce  
8.50

## Beer Steamed Shrimp

1/2 lb. of 16/20ct. E-Z peel shrimp with homemade cocktail sauce & lemon wedges  
9.75

## Calimari

Calimari rings served with cocktail sauce & lemon  
8.00

## French Fries

2.00

## Seasoned Curly Fries

2.50

## Cheese & Crackers

Debbie's creamy cheddar w/ horseradish & served w/ assorted crackers  
5.00

## Fresh Coleslaw or Lowfat Cottage Cheese

2.00

**We always use fresh local produce and fresh herbs from our own SJRYC garden when available**

\* may be cooked to order. Notice: consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have a medical condition

All prices include 6% sales tax

## Sandwiches

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All Sandwiches & Burgers are served with potato chips & pickle spear  
Other options are available at an additional cost

### Commodore's Club

Triple decked with ham, turkey, bacon,  
lettuce, tomato & mayo  
7.50

### \*Grilled Chicken

Marinated breast of chicken on a  
tomato focaccia bun with lettuce,  
tomato & honey mustard  
6.50

### Pesto Turkey Panini

Shaved turkey, roasted red peppers,  
provolone cheese & pesto mayo, grilled  
on onion & garlic ciabatta bread  
7.50

### Deck Hand Dipper

House roasted prime rib shaved &  
stacked on french bread. Served w/  
horseradish sauce & au jus  
8.50

### Perch Sandwich

Fresh yellow lake perch lightly dusted  
& fried on a kaiser roll w/ tomato,  
tartar & lemon wedges  
7.50

### Riverside Reuben

House roasted corned beef or shaved  
turkey breast, sauerkraut & swiss  
cheese piled on grilled marbled rye  
7.50

### Sailor's Sub

Grinder stuffed with ham, pepperoni,  
provolone cheese, lettuce, tomato & red  
onion drizzled with our special dressing  
7.50

### Turkey & Avacado

Shaved turkey, fresh sliced avacado,  
tomato, cucumber, mixed baby greens  
& dijon mayo, layered on multi-grain  
bread  
7.50

### Authentic Cuban

House roasted pork & shaved ham  
topped w/ Swiss cheese, mayo, mustard  
& sliced pickles on a grilled hoagie bun  
7.25

### Pork Barbeque

House roasted pork with special SJRYC  
barbeque sauce on a grilled bun  
7.00

## Wraps

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All wraps served with fresh coleslaw or lowfat cottage cheese

### West Wind Wrap

Tomato basil tortilla wrapped around  
your choice of meat & cheese: turkey,  
ham, grilled chicken/cheddar jack,  
Swiss, feta, or bleu cheese, loaded with  
lettuce, tomato, onion & cucumber.  
Served with ranch dressing  
7.00

### Chicken Fajita Wrap

Seasoned chicken w/ grilled onions &  
peppers, cheddar jack, lettuce &  
tomatoes. Served w/ salsa & sour  
cream  
7.00

### Vegetarian Wrap

Lettuce, tomato, onion, cucumber, fresh  
mushrooms & your choice of cheese.  
Served w/ ranch dressing  
6.00

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## Burgers

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*All burgers are one half pound of fresh Angus beef flame broiled on a grilled kaiser roll*

### **\*Regatta Burger**

*The SJRYC signature burger topped with cheddar & swiss cheese, lettuce, tomato, mayo, bacon and of course a fried egg*  
8.00

### **\*Patty Melt**

*On grilled marbled rye with swiss cheese & sautéed onions*  
7.00

### **California Burger**

*Featuring sliced avocado, baby greens, tomato & dijon ranch on a tomato focaccia bun*  
7.00

### **Portabella Burger**

*Basil cream cheese, grilled onions, baby greens & tomato served with coleslaw or cottage cheese*  
7.50

### **\*Good Ole' Fashioned Hamburger**

*An American classic prepared just the way you like it*  
6.50

### **Available toppings for .50 per item**

*Swiss, cheddar, provolone, bleu cheese, feta cheese, bacon, green olives, black olives, grilled mushrooms, tomatoes*

## Additional Options

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*Served with coleslaw, lowfat cottage cheese, small tossed salad, spanish rice, or french fries*

### **Steak Sandwich**

*8 oz char grilled bistro filet, topped with sautéed mushrooms and served with garlic toast*  
12.50

### **Tres Tacos**

*Seasoned ground beef or chicken filled with lettuce, tomato, cheddar jack cheese & onion in your choice of hard or soft shell flour tortillas with salsa & sour cream*  
8.00

### **Smothered Chicken Plate**

*Grilled chicken breast smothered with provolone cheese, grilled onions, and fresh mushrooms*  
8.75

### **Chicken Fingers**

*Golden fried tenderloin served w/ ranch dressing*  
8.00

### **Lake Perch**

*Fresh yellow perch lightly dusted & fried w/ lemon wedges & tartar sauce*  
9.00

### **Breaded Butterfly Shrimp**

*Served with lemon wedges & cocktail sauce*  
9.00

### **Crab Melt**

*Two pieces of english muffin bread piled high with crab salad & melted provolone cheese*  
8.50

### **\*Catch of the Day (Ask your server)**

*Grilled fish filet with lemon wedges and tarter sauce. Ask your server.*  
8.50

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Available Wednesday, Thursday & Saturday after 5:00

# Pizza

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All of our pizzas are made to order using herbs from the SJRYC garden & the freshest ingredients available

	7"	12"	14"
Cheese	5.50	11.00	12.50
Add. Items(per item)	.50	1.00	1.25

## Available Toppings

Italian Sausage	Roma Tomatoes	Red Onions
Pepperoni	Fresh Mushrooms	Fresh Garlic
Meatballs	Pepper Strips	Sauerkraut
Grilled Chicken	Black Olives	Artichokes
Ham	Green Olives	Pineapple
Bacon		

## Specialty Pizzas

*Sorry NO substitutions*

Herbivore			Carnivore		
<i>Pepper strips, onion, mushroom, black olives &amp; tomato</i>			<i>Italian sausage, pepperoni, meatball &amp; ham</i>		
7"	12"	14"	7"	12"	14"
7.50	15.00	17.50	7.00	14.00	16.25
Omnivore					
<i>Italian sausage, pepperoni, mushroom &amp; onion</i>					
7"	12"	14"			
7.00	14.00	16.25			